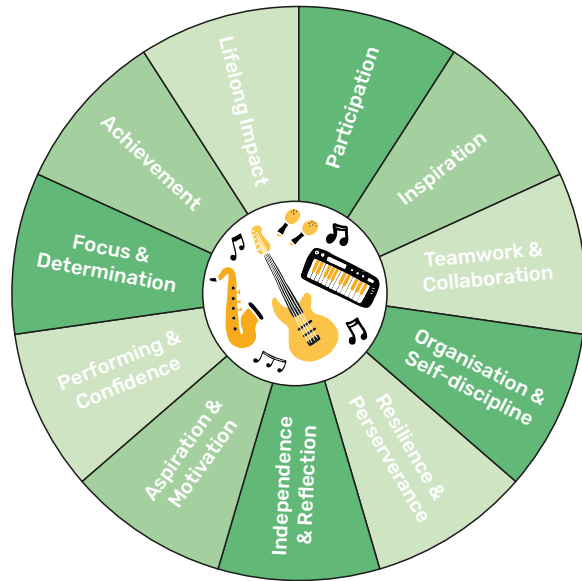


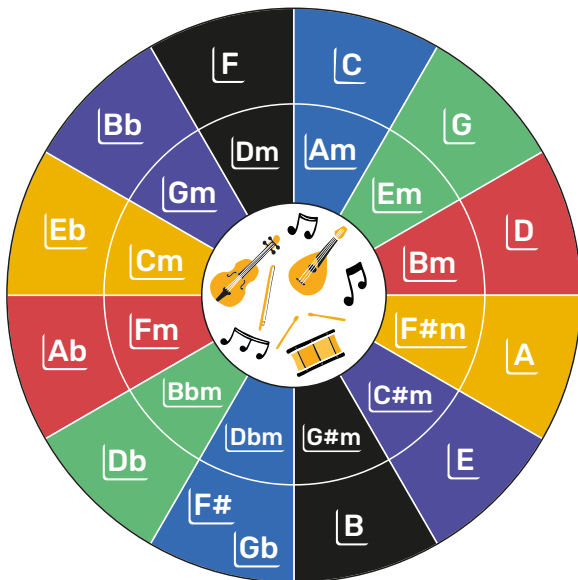
# The benefits of learning music

Music is one of the few disciplines that combines the intellectual, physical, emotional and the unquantifiable 'spiritual' parts of the brain of the participant.

Young people studying music will develop the attributes shown here.



# The circle of fifths



Starting on C and going up or down 5 notes at a time shows the progression through all the major and minor keys.

Going clockwise around the circle shows the keys with sharps.

Going anti-clockwise around the circle shows the keys with flats.

The outer circle shows the major keys and the inner circle shows the relative minors.

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**Hertfordshire  
Music Service**